

Florida Trip 2009 Check List

Before the Trip....

- Health Form/Safety contract - filled out completely and signed by student and parent.
- White t-shirt, black socks, black shoes, uniform in uniform bag loaded into uniform box on Friday after the game. MAKE SURE THESE ARE CLEAN. NOT PREVIOUSLY WORN AT THE GAME.
- Pack instrument, mouthpiece, reeds, sticks, colorguard flags in case and packed into boxes on Friday after the game.

What to pack...

- One check-in suitcase weighing no more than 50 lbs. You will be charged extra for weight over 50 lbs.
- One small carry-on for the plane. **AVOID LIQUIDS ON THE PLANE!!!!!! PACK THEM IN YOUR CHECKED LUGGAGE.**
If you must have liquid remember 3-1-1 (liquid or gel must be less than 3 oz, put into 1 ziploc quart-size bag, and only 1 ziploc allowed per person) Remember that many cosmetics also count as liquid.
- Photo ID for Flight. 18 years and over must use a driver's license. Under 18 may use BHS ID.
- Good shoes for walking in the Disney Parks.
- One nice outfit for the Cirque de Soleil - "La Nouba" show on Thursday night.
- SwimSuit - no towel. Towels are available at hotel and can be rented for \$2 at Typhoon Lagoon.
- Flip-Flops or water shoes for Typhoon Lagoon - lockers available at the park for a fee
- Toiletries - **PACK THESE IN YOUR CHECKED LUGGAGE.**
- Camera & Film (disposable with flash are your best bet; pack film/camera into carry-on)
- Sunscreen
- Watch
- Fanny pack or tote bag
- Rain poncho or light jacket
- Snacks (trail mix, cereal bars, etc) - Keep this to a minimum. Many meals are covered on the trip
- Prescription medication must be turned into Mr. Kolles/Ms. Montgomery at BHS-morning of the trip.
- Money for meals/small souvenirs - 3 meals will be on your own.
Example: A pop, chips, and hamburger - \$15-20 dollars.
- Cell Phone/Phone card to call home.
- Hat/sunglasses

FRIENDLY REMINDERS ABOUT CONDUCT ON THE TRIP

This is a fun trip for all of us, and observing common sense rules of courtesy and behavior will make it just that for all. When roll is called and when instructions are given to the group, please give your immediate and complete attention. This will greatly reduce the time that is to be spent on "business" and make the trip more enjoyable for all of us!

BE RESPECTFUL: Not all activities will be your personal favorite, but nobody enjoys being around a "whiner"! Always say "thank you" and follow the instructions of the staff and chaperones with a good attitude!

BE A GOOD REPRESENTATIVE: Let your actions speak highly of you as an individual. You are representing your school and your program. TAKE PRIDE!!

BE FLEXIBLE: Allow for last minute unforeseen changes in the tour itinerary. The tour has been planned with the needs of the group first. With the right attitude you can make the best of any situation that should arise.

SAFETY FIRST: We need to stay together for group activities. When you are allowed to roam free in the parks, travel in groups no less than 3 people. If an emergency arises, seek a park attendant immediately and call 612-670-8281. Emergency locations are detailed on all of the park maps.

PARENTAL WAIVER

We have read and understand all policies related to this trip. We understand that if _____(student name) is involved in an incident violating the Minnesota State High School League rules regarding use of alcohol, tobacco, drugs, or any chemical substance, he/she will be sent home at our expense. We understand that this also applies to Anoka-Hennepin School District policy as it pertains to weapons possession and harassment. We recognize that other serious violations that could result in being sent home would include leaving the park/hotel or group and venturing off alone. We understand that this is very dangerous when traveling especially in this time of war and terrorism. We will not hold Anoka-Hennepin District #11, Blaine High School, or any school district or travel agency personnel responsible for this action. We understand the seriousness of the nature of these rules as they apply to the safety and well being of our student.

Parent/Guardian Signature _____ Date _____